



KENYA MEDICAL MISSION TRIP SEPTEMBER 6-15, 2024 FREQUENTLY ASKED QUESTIONS

1. What are the Trip Dates and what is the schedule?

Initial plans are subject to change, but most likely will be:

Friday, September 6, 2024: Depart USA in late morning or afternoon

Sunday, September 8, 2024: Arrive to Nairobi, Kenya late Saturday evening or early Sunday.

Attend worship service, CMO orientation, preparation of clinic supplies

Monday-Friday, Sept. 9-13, 2024: Clinic days for community & schools in rural villages

Saturday, Sept. 14, 2024: Explore Nairobi/cultural day/giraffe sanctuary; depart for USA late PM

Sunday, September 15, 2024: Arrive back to USA in afternoon or evening

2. What is the trip capacity and do I need any special skills to participate (eg be a Medical Professional)?

Trip Capacity is a maximum of 20 team members; medical and non-medical participants are welcome. While we do need the majority of participants to be in the medical profession, we welcome and rely on non-medical participants also to help with clinic registration, height/weight measurements, vitamin dispensing etc. There is plenty of work to be done and plenty of love to be shared with the people we are serving!

3. What is the trip cost and when are payments due?

Estimated Trip cost is \$3,000-3,400 (dependent how much the airfare is)

Payment #1 - due on June 1, 2024: **\$1,000**

Payment #2 - due on July 1, 2024: **\$1,000**

Payment #3 - due on August 1, 2024: **\$1,000**

Payment #4 - due on August 31, 2024: Remaining Balance due at this time.

4. What do the trip costs cover?

Trip Cost includes: Round trip airfare (based on cost from Phoenix as the departing city; your departing city may be more/less than this rate and therefore we would adjust your trip cost accordingly. CMO's travel agent will arrange your airtravel in consultation with you). Also included: Trip insurance (covering travel and emergency medical), all meals in-country, hotel accommodations, local transportation, local interpreters -one per team member (their compensation, gas, and lunch), stipend for local nurse (who provides medical care and follow-up care coordination for patients after the CMO mission week is over), security team assigned to CMO team, Mon-Fri clinic supplies/medicines/operations, water filtration system for the villages, bottled water for team for the week, tipping, and local touring. Excludes: Visa to enter Kenya (instructions on this process will be sent later), meals in-transit, laundry service at hotel or souvenirs.

(cont. on page 2)

5. What are my options for Fundraising?

CMO's trip information is provided online through a website called Managed Missions. Once you establish an account on Managed Missions, you will also have access to an Online Fundraising portal. Similar to how GoFundMe works, you will be able to customize a personal trip webpage and then share the site's URL link with friends and family via email, Facebook/social media so that viewers can make an online donation to your trip. Detailed set-up instructions are available on the Public Profile tab of your Managed Missions account. Contributions made through that online site are linked directly and securely to CMO. Additionally, if you would like a sample fundraising letter template or any other resources such as CMO brochures to send to your supporters, please request a copy from the CMO Trip Coordinator.

6. Are my payments towards my trip tax-deductible? Are donations made on my Trip Page tax deductible for my friends and family?

Yes! All mission trip money is tax-deductible because contributions are made directly to Covenant Medicine Outreach, which is a 501c3 organization. Contributions should be made by credit card online via the Managed Mission website or the url link to your personalized fundraising page through CMO/Managed Missions. If you or a supporter wishes to send a contribution by check, please notify the Trip Coordinator that a check is in the mail but do not designate/label/note the trip participants name on the check. Please make checks out to Covenant Medicine Outreach and mail checks to: CMO, 10645 N. Tatum Blvd., Suite 200-181 Phoenix, AZ 85028.

7. What happens if a trip is canceled? What happens if I am no longer able to travel on the mission trip?

In the event a mission trip is canceled by Covenant Medicine Outreach, we will work to reschedule the trip. If you are no longer able to travel on a mission trip or decide not to go, any money you or a donor have given cannot be refunded, as it was a donation to our nonprofit organization. However, Covenant Medicine Outreach will hold any unspent funds to be used as a credit towards a future trip you join CMO on, within a one year timeframe.

8. What vaccinations are required?

Covenant Medicine Outreach does not require proof of immunizations; except we do ask for your tetanus shot to be up-to-date. According to the Centers for Disease Control and Prevention (www.cdc.gov), "You should become familiar with what steps to take and who to contact in case of a medical emergency while you are traveling." We recommend that 8 weeks before your departure, you consult with your physician, local health department, or the CDC website www.cdc.gov/travel/ for information required and recommended immunizations for the country where you will be traveling. Some vaccinations require a series of doses spaced weeks apart.

9. What else do I need to know to preparing for my trip?

Covenant Medicine Outreach will provide an orientation guide to each participant within a month of the departure date. There will also be information provided about the safety precautions CMO takes and training on our Electronic Medical Record system. Packing guides and other travel tips will be included in the Orientation Guide as well as posted on our Managed Missions trip site.

10. Who do I ask if I have questions?

Feel free to email CMO Trip Coordinator, Amy Stephens at tripcoordinator@cm-outreach.org